

LIFE LAUNCH

CONNECTING DISCIPLESHIP NIGHTS WITH THE EVERYDAY

Discipleship isn't just something we do on Wednesday nights and Sunday mornings, it's a call to living each day with Jesus Christ. Life Launch gives you a few options to practice this in an intentional way in your home, community, school and workplace; the places where we do life together!



Choose one (or more!) of the options to complete between now and the next Discipleship Night. Record your discipleship activity on the back page and turn it in for a prize! Share your discipleship activity on social media using #DLT@STB



Families come in all shapes and sizes. Some of us are single. Some are married. Some of us have children and some don't. But we all live in families meant to strengthen and support us, whether we have a full house or it's just us and Jesus. Here at St. Bernard, we're all family.

UP NEXT @ ST. BERNARD

October 21

Youth Liturgy & Middle
School Sunday Funday

October 27

Annual Parish Memorial
4:00 Mass

November 4

Confirmation Service Day
& High School
Evangelization Night

November 7

Discipleship Night

November 10

Wine & Cheese Social
after 4:00 Mass

November 11

Middle School Youth Jam



You cannot reap what you
have not sown. How are we
going to reap love in our
community if we only sow
hate?

- SAINT OSCAR ROMERO

DISCIPLESHIP LAUNCH ACTIVITY

Family Member Names: _____

The following launch activities were completed: :

Turn this slip in on November 7 and receive a gift from us!

LAUNCH OPTION 1: CELEBRATING SAINTS

On October 14, Pope Francis canonized Oscar Romero. Oscar Romero was an Archbishop of San Salvador. He stood up for the poor community in El Salvador and spoke out about injustice and inequality that was occurring. This was very dangerous and on March 24, 1980 he was martyred while saying mass. He is remembered for his courage, faith and his great love for the poor.

In El Salvador there is a tradition of producing colored crucifixes. The bright decorations have a figure of Jesus at the center, but also include images of the local community set in a Salvadoran landscape. These have become known as “Romero Crosses”.

Search the internet for “Romero cross” and find a few examples. Use a template image to create your own Romero cross. As you do so, pray for the people of El Salvador and those in your own community that need prayer.

LAUNCH OPTION 2: ALL SOULS DAY



On Friday, November 2 we celebrate All Souls Day. This is a special day set aside to pray for those who have died and assist them on their Journey to Heaven. Use the list below to celebrate All Souls Day:

- Visit a cemetery to pray for all those who are buried there, that they may rest peacefully with Jesus in Eternal Glory
- Attend an All Souls Day Mass
- Write a note to a friend, stranger or family member who has lost a loved one this year.
- Attend the Day of the Dead Bilingual Celebration at St. Therese in Appleton on October 27.

LAUNCH OPTION 3:

THE WAY, THE TRUTH, THE LIFE



We talked during our second week of Discipleship Nights about how Jesus shares, in John 14:6 “I am The Way, The Truth and The Life”. In this Gospel Jesus tells us that He wants to be the center of our life. He wants us to follow His path and to find Him in every moment of our days.

- Pick a day to concentrate on the roads you travel on. Consider the conditions (clear, muddy, straight, narrow, peaceful, busy, etc.) and routes you take.
- Take out a map (yes, an actual paper map!). Pick a departure and destination city. List out the different routes/roads you could take to get from one city to the next.
- Go for a ride! Pick a destination (ice cream spot, Grandma’s house, a favorite park, etc.). Have one person give directions on the way there and another on the way back.

After the activity, read the scripture passage (John 14:6). Consider the many different routes you could have taken to your destination? Did you get lost on the way or confused with which roads to take? Did you run in to any obstacles along the way? Were some streets busier than others?

There are many types of roads that take us to our destination. They are a lot like life! In the Old Testament, God tells us that a Savior will be coming, He gave us directions, but He knew we would still make wrong turns. That’s why from the beginning of time Jesus planned to come to earth in human flesh to not only show us the way, but to BE the Way.