

## Sacrament of Reconciliation

Lent is a time to celebrate the reconciling love and healing graces of our Lord. He desires to forgive us and bring us healing and wholeness.



Join us for the Sacrament of Reconciliation, which will be celebrated on:

**Thursday, February 22 6:30 pm**

**Saturdays, 9:00 am**



## Taize' Evening

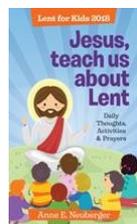
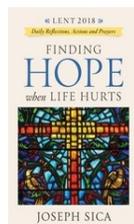
**Friday, March 2**

**6:30 pm to 7:30 pm**

Taize' prayer is an ecumenical form of prayer that originated in the small town of Taize', France in 1940. It is an hour-long meditative candlelight service that centers around music, prayer, scripture and silence. Enter into a time of quiet and solitude in the midst of your busy life.

## Lenten Resources

*Finding Hope When Life Hurts* by Joseph Sica. No matter what life hands you, these hopeful reflections are reminders that Jesus walks the path beside you.



*Jesus, teach us about Lent* by Anne E. Neurberger. These prayerful activities can help young minds and hearts understand Lent and prepare for the glory of Easter.

## FASTING CUBE FOR YOUR PRAYER TABLE



Fasting is part of our Lenten observance. Use the fasting cube to put a new spin of this important practice. The sides of the cube include: Fast from Anger and Hatred (Give your family an extra dose of love every day.); Fast from Judging Others (Before judging, recall how Jesus overlooks our faults.); Fast from Discouragement (Remember Jesus' promise that He has a perfect plan for you.); Fast from Complaining (Instead of complaining, recall the moments of joy in your life.); Fast from Resentment or Bitterness (Work on forgiving the people who have hurt you) and Fast from Over-Spending (Try reducing spending by 10% and give those savings to people in need.)

## Lent

### Season of Renewal



*I will give them a heart to know me, that I am the Lord. They shall be my people and I will be their God, for they shall return to me with their whole heart.*

*Jeremiah 24:7*

**St. Bernard  
Congregation of Appleton**

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## This Lent, Take Time To:

*Get Inspired*

*Grow spiritually*

*Deepen your relationship with God*

*Gain insights into Scripture*

*Increase your prayer life*

*Build relationships with  
other parishioners*

**ARISE Together in Christ,** provides six faith-sharing sessions that invite us to “Change Our Hearts.”

The first session reflects on the central call of Ash Wednesday to

“conversion,” both as “turning away from ...” and as “turning toward ...”

Over the next four sessions we explore the meaning of lifelong conversion via the great symbolic themes of the Lenten liturgy: being transfigured; from thirst to water; from darkness to light; from Old Covenant written on stone to New Covenant written on our hearts. Our concluding session, in the week before Palm Sunday, leads us into Holy Week with Christ.

**Check the bulletin and parish website for dates and times of sessions.**



## Ash Wednesday

Ash Wednesday opens Lent and marks a season of fasting, prayer and almsgiving. Ashes are placed on the forehead symbolizing the dust from which God made us.

### Mass Times:

**Wednesday, February 14  
8:00 am, 4:45 pm and 6:45 pm**

### PASSPORT: TRAVEL TO EASTER

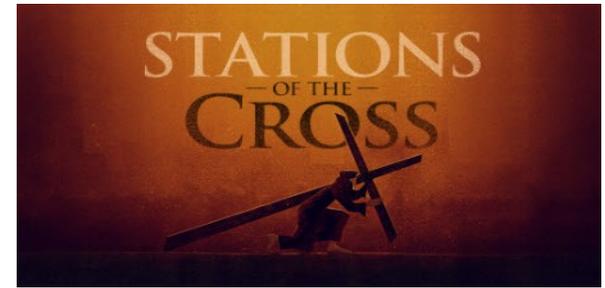
Travel to Easter this Lent, beginning on Wednesday, February 7 with Mardi Gras Family Night from 6:00-7:35pm.



Families with children age 5- grade 6 will learn about the traditions of Lent and celebrate New Orleans style with fun and faith-filled activities including making a box for hiding the Alleluia, mask making and a parade!

Children will also begin collecting stamps and stickers in a passport that will continue go with them to Easter day!

*Don't miss this exciting beginning to your family's Lenten observance.*



### Through the Eyes of Mary

with Deacon Don Nass and Parishioner, Mary Howard

**Wednesday February 14, 21, 28,  
March 7, 14, 21  
12:15 pm - 12:45 pm**

Follow Jesus on his journey to Calvary through the eyes of his mother, Mary.

### Everyman's Way of the Cross

with Father Dennis

**Friday February 16, 23,  
March 2, 9, 16, 23  
5:00 pm - 5:30 pm**

In this variation of the Stations of the Cross, participants meditate on how Jesus is involved in the sufferings of the world. We all experience the cross differently and through our sufferings, we are able to live with faith and trust. Come and take up your cross!